

Mentor Activities

These are just a few ideas

- “Your career story” – Offer to tell your story. How did you start your career? What changes did you make along the way? Include high and low points and how these learning experiences helped you.
- “Learn from the pros” - Help your mentee schedule an [informational interview](#) with a professional in their field of interest. This is a great way to [learn about the job or career](#) from someone with experience.
- “Take a tour!” - Tour the building or the block and talk about the many different jobs and employees that make the organization or businesses function.
- “Help wanted!” - Fill out [mock applications](#) for jobs or help your mentee create/improve their résumé.
- “What’s your plan?” - Make a timeline of your life over the next 5-10 years. What do you want to accomplish by the time you are 18, 25, 30? This can be verbal, or you can write it out or create a collage, draw, etc.
- “Mentees are teachers!” - Let your mentee plan to teach you something they are knowledgeable about, and let them teach it. This helps them gain confidence and helps them recognize their strengths.
- “Scavenger Hunt” – Have your mentee take part in a mini scavenger hunt with you to help them become familiar with their work place or organization. Identify 5-10 key places with clues for each so that they have some idea how to navigate and succeed in their new environment.
- “It’s a mystery!” – Create a list of 5-10 things you have always wanted to know (you and your mentee can each have your own list). These can be about anything. Talk about why you want to know these things. If you have time, research some of them and share your findings at your next meeting.
- “Personality” – If your mentee has not taken a personality assessment before (MBTI, True Colors, Strengths Finder, Holland’s Code, the Archetype Indicator, etc.), you can ask them to [complete one](#) and discuss the findings. Talk about how knowing more information about yourself can impact the future.
- “Top Ten” – Work with your mentee to develop a top ten list of some sort. It could be a top ten list for the summer, for school, for what you’ve learned; anything that is conducive to learning and/or accomplishment.
- “Bucket List” - Make a list of 25 things you want to do or accomplish during your lifetime.
- “Dear Me” - Ask your mentee to write themselves a letter from the future.
- “Create a Mission” – Help your mentee develop their own [personal objective](#) or [mission statement](#) using their skills, interests, passions, and personalities.